

22 September 2021

COVID-19 Alert Level 3 advice for Residents and Visitors at Settlers Lifestyle Village

The Management of Settlers Lifestyle Village would like to thank you for your patience, consideration, and cooperation during this difficult time. We appreciate the sacrifices you have made in your daily life for the safety of others.

The Prime Minister announced on Monday that we will step down to Alert Level 3 from Level 4 at midnight 21st September 2021. Following this decision to transition to Alert Level 3, we have reviewed and updated our policies. Under Alert Level 3 we will still have significant restrictions on our day-to-day lives.

Access to Settlers, Fairview Lifestyle Village and Fairview Care is still restricted and all visitors will continue to be screened at the gate.

All facilities and group activities in the village are still closed whilst we are under COVID-19 Alert Level 3. We do understand the challenges around the facilities being closed particularly from a wellbeing perspective, as you know we already have been able to supply puzzles for those in need of mental stimulation. To enhance this during level 3, we will be stocking the little library which is located on the patio area by the door out to the bowling green with a selection of resident reading material from the library. Please note the details of any book taken out on loan in the book provided, we will endeavour to keep this well stocked during level 3. Please hold on to any returns until such time as the library re-opens.

We all understand and respect social distancing and safe practices following over a month of living under COVID -19 alert level 4. Please can I ask that we all carry on taking responsibility as we step down from level 4, so that we do not put any of our residents or staff at risk. Masks remain mandatory whilst accessing the public spaces in the lodge and reception. If for any reason you have personal circumstances that might require approval on a matter outside of this document, then please contact me directly.

Visitors to our Villages under Alert Level 3

- In line with the Government's advice, our independent living residents should remain at home in their bubble other than for essential personal movements.
- Under alert level 3 we may slightly extend our bubbles. To help minimise risk and to keep everyone safe, this means that each household may extend their bubble to **include one other person only from Friday 24 September**. The person you nominate must be

the same person for the duration of alert level 3. This may be a friend or neighbour in your village, or a loved one from outside the Village. The person you choose must be exclusive to you, ie. not extending their bubbles to anyone other than your household.

- If your village neighbour lives on their own and you are now going to extend your bubble to include them, they cannot become part of any other bubbles, and neither can you.
- Essential support services (medication or showering for example) can continue to provide services into the home, providing they are using the appropriate PPE.

Registering a nominated person to visit your bubble

- Advise reception by email (reception@settlersalbany.co.nz) or phone who your nominated person is, this must be done before they visit.
- On the first visit of an external nominated person, they must register at reception and he or she will be asked to complete a brief registration form and given a unique gate pass.
- After registering, on each visit your nominated person will need to scan the QR code and show their pass at the gate, they can then go directly to your apartment. In your apartment you should maintain a contact tracing register (copy attached to this newsletter), your nominated visitor should complete this each time they enter your apartment.
- Visitation to the village is restricted to the hours of 7.00 am to 7.00 pm during this period. Any failure to abide by these requirements will result in gate passes being revoked.
- No under-18s are allowed into our villages under alert level 3:
- As clinical evidence is that younger people may be more likely to spread the virus as they have a higher chance of carrying the illness without showing symptoms of being unwell.

Grocery delivery service

At Alert Level 3 we continue to do everything we can to ensure all residents are able to purchase groceries. If you need any assistance in this area, please contact reception.

With effect from Friday 24 September, supermarket chains and food delivery services can deliver direct to the main apartment or townhouse door without reporting to reception.

- If personal items are being delivered from friends or family, we recommend that your nominated person brings these to your unit.
- Any person not nominated who is delivering can only deliver to the main apartment or townhouse door, adhere to strict social distancing and mask requirements and not enter the building.

Viewing units for sale by interested parties

- We know a number of people are interested in viewing our villages because they or a family member need the safety and security that living in a retirement village offers.
- Under Alert Level 3 we will be able to offer viewings by appointment with very strict screening, hygiene, and physical distancing measures. Viewings are limited to one or two people from within the same bubble.

Contractors

- Under alert level 3, contractors can undertake work at the village, as long as this work is approved by the village manager and that the contractor can work at a safe distance from all staff and residents with no chance of putting anyone at risk.
- You might require a contractor to undertake personal work for you in your unit, e.g. Sky TV repair / installation. This must be approved by the village manager and the contractor must report to the village manager for approval prior to visiting the unit.
- Refurbishment of units will start again from Friday 24 September. Only one contractor will be able to work in a unit at any one-time and they will be under instruction to keep a safe distance from all residents and staff at the village.

Under Alert Level 3 the following people must not visit or enter our retirement village or Care Centre:

- Anyone who has been in contact with someone who is being tested for or is a suspected, probable, or confirmed case of COVID-19 Coronavirus – pending the result once they have been tested.
- Anyone with cold or flu-like symptoms (even very mild symptoms such as a cough or sneezing)

Remember the guiding principles:

- Stay home if you are sick – call the Healthline 0800 358 5453 and follow their advice
- Use the Covid Tracing app or keep a note of where you have been
- Wash your hands regularly
- Wear a face covering
- Maintain social distancing
- Cough or sneeze into your elbow

If you do feel unwell with any symptoms, please inform our nurse on duty by phone on 027 523 4861 as well as contacting the Healthline.